National Events 2017

JANUARY 2017

Cervical Health Awareness Month
National Cervical Cancer Coalition (NCCC)
www.nccc-online.org

National Glaucoma Awareness Month
Glaucoma Research Foundation
www.glaucoma.org

National Thyroid Awareness Month
The American Association of Clinical Endocrinologists
www.**thyroidawareness**.com

FEBRUARY 2017

American Heart Month
Contact your local chapter of the American Heart Association or AHA National Center
www.americanheart.org
www.cdc.gov

National Cancer Prevention Month
American Institute for Cancer Research
www.aicr.org
American Cancer Society
www.cancer.org

February 3rd
National Wear Red Day
The Heart Truth—a National Awareness Campaign for Women About Heart Disease
National Heart, Lung, and Blood Institute Health Information Center
www.hearttruth.gov or Women Heart
www.womenheart.org or
Go Red for Women Cause Initiatives
American Heart Association National Center
https://www.goredforwomen.org

MARCH 2017

National Colorectal Cancer Awareness Month
Cancer Research and Prevention Foundation
www.preventcancer.org/colorectal

National Nutrition Month
Academy of Nutrition and Dietetics
www.eatright.org

March 2 – 9
National Sleep Awareness Week
National Sleep Foundation
www.sleepfoundation.org

Workplace Eye Wellness Month
www.aao.org

March 28th (fourth Tuesday in March)
American Diabetes Alert Day
American Diabetes Association
www.diabetes.org

APRIL 2017

Alcohol Awareness Month
Center for Disease Control and Prevention (CDC)
www.cdc.gov

Stress Awareness Month
American Counseling Association (ACA)
www.counseling.org

National Testicular Cancer and Esophageal Awareness Month
American Cancer Society
www.cancer.org

April 5, 2017
National Walking Day
American Heart Association
www.startwalkingnow.org

Oral Cancer Awareness Month
Oral Cancer Foundation
www.oralcancerfoundation.org

MAY 2017

Asthma and Allergy Awareness Month
Allergy and Asthma Foundation of America
www.aafa.org or www.aanma.org

National Events 2017

Employee Health & Fitness Month
National Association for Health and Fitness, ACTIVE Life
www.healthandfitnessmonth.com

Healthy Vision Month
National Eye Institute
www.nei.nih.gov/hvm

National High Blood Pressure Education Month
NHLBI Information Center
www.nhlbi.nih.gov

National Melanoma/Skin Cancer Awareness Month
American Academy of Dermatology
www.aad.org or American Cancer Society
www.skincancer.org

National Mental Health Awareness Month
National Mental Health Association
www.nmha.org

National Osteoporosis Awareness Prevention Month
National Osteoporosis Foundation
www.nof.org

National Stroke Awareness Month
National Stroke Association
www.stroke.org or
American Heart Association (National Center)

May 14 – 20 (Mother's Day week)
National Women's Health Week
Office on Women's Health
Department of Health and Human Services
www.womenshealth.gov

May 21 (third Wednesday)
National Employee Health and Fitness Day
National Association for Health and Fitness
www.physicalfitness.org

May 15 – 19 (third week in May)
Bike to Work Week
League of American Bicyclists
www.bikeleague.org

National Bike Month
www.bikeleague.org

Skin Cancer Detection and Prevention Month
American Cancer Society
www.cancer.org

JUNE 2017

National Employee Well Being Month
www.nationalemployeewellnessmonth.com

Migraine and Headache Awareness Month
National Headache Foundation
www.headaches.org

June 12 – 18 (ending with Father's Day**)**
National Men's Health Week
National Men's Health Network
www.menshealthweek.org

JULY 2017

UV Safety Month
American Academy of Ophthalmology
www.aao.org

National Park & Recreation Month
www.nrpa.org

AUGUST 2017

National Immunization Awareness Month
Center for Disease Control & Prevention
www.cdc.gov/vaccines

SEPTEMBER 2017

Fruit & Veggie More Matters Month
Fruits & Veggies More Matters
www.fruitsandveggiesmorematters.gov

National Cholesterol Education Awareness Month
National Heart, Lung, & Blood Institute
hp2010.nhlbihin.net/cholmonth

National Events 2017

National Ovarian Cancer Awareness Month
National Ovarian Cancer Coalition, Inc.
www.ovarian.org

National Yoga Month
Yoga Health Foundation
www.yogamonth.org

National Prostate Cancer Awareness Month
National Prostate Cancer Coalition
www.menshealthnetwork.org

September 27 (last Wednesday)
National Women's Health & Fitness Day
Health Information Resource Center
www.fitnessday.com/women

Healthy Aging Month
www.nei.nih.gov

OCTOBER 2017

American Heart Walk
Dates vary depending on your location.
American Heart Association
www.heartwalk.org

Healthy Lung Month
American Lung Association
www.lungusa.org

National Breast Cancer Awareness Month
www.nbcam.org
or The Susan G. Komen Breast Cancer Foundation www.komen.org

National Dental Hygiene Month
American Dental Hygienists' Association (ADHA)
www.adha.org/**national-dental-hygiene-month**

National Depression and Mental Health Screening Month
Screening for Mental Health, Inc.
www.mentalhealthscreening.org

October 10 (always October 10)
World Mental Health Day
World Federation for Mental Health
www.wfmh.org

October 20
National Mammography Day
American Cancer Society
www.cancer.org

Eye Injury Prevention Month
Federal Occupational Health
www.foh.dhhs.gov/Public/NYCU/eyeinjury.asp

NOVEMBER 2017

American Diabetes Month
American Diabetes Association
www.diabetes.org

National Lung Cancer Awareness Month
American Cancer Society
www.cancer.org

Pancreatic Cancer Awareness Month
Pancreatic Cancer Action Network
www.pancan.org

November 1
National Eating Healthy Day
American Heart Association
www.americanheart.org

November 16 (third Thursday)
Great American Smokeout
American Cancer Society
www.CANCER.org

DECEMBER 2017

December 4 – 10
National Influenza Vaccination Week
www.cdc.gov/flu/nivw/

Holiday Wellness